

Promix Fiber is recommended for:

- People with chronic constipation or having difficulty passing stools
- High uric acid patients
- People with bad breath due to indigestion
- People with poor complexion and ill-health
- Dull skin and patients who suffer from skin problems

纤多保适用对象:

- 长期便秘或排便不畅者
- 尿酸病患者
- 消化不良而口气重者
- 脸部黯淡及精神不佳者
- 皮肤黯淡及患有皮肤问题者

Instructions for use:

- Add one pack of Promix Fiber into 250 ml water or fruit juice.
- Please drink immediately after dissolving. It is strongly recommended to drink plenty of water in order to achieve the best results.

使用说明:

- 将一包纤多保配入250毫升
- 清水或果汁冲调,请在冲调后即刻饮用。建议过后多喝水以便达到最佳效果。

This product does not contain soy ingredients.

此产品不含豆类成分。

Distributed by:

**BELINA COSMETICS SDN BHD** (162997 A)(AJL93329)

36, Lorong 6C/91, Taman Shamelin, Cheras 56100, Kuala Lumpur, Malaysia.

Tel : 1700-81-6096 Oversea : +603-9200-8911 Fax : 1700-81-4114

Website : [www.belina2u.com](http://www.belina2u.com) Email : [info@belina2u.com](mailto:info@belina2u.com)



*Be Living Naturally*

with

**Natural Detoxification**

天然排毒功能

**Promix Fiber 纤多保**

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**Promix Fiber 纤多保**

## 1. Why do we need "Promix Fiber"? 为何需要纤多保?

Promix Fiber is a detox product formulated to restore intestinal microflora environment and cleanse the blood vessels. It contains non-soluble and soluble refined fiber, probiotic bacteria and food needed by probiotics in human intestines. While removing toxins and waste residues in human blood vessel and large intestine, also helps to cultivate healthy probiotics ecological environment, maintain suitable pH in human intestines and blood, to maximized body's capacity in absorbing nutrients and minerals.

纤多保是一种还原现代人肠道生态环境及干净血管而究发的排毒产品。含有非水溶性与水溶性细化纤维，良菌及人体肠道益生菌所需的食物。在快速清除残留在人类血管与大肠内的毒素及废物时，也能够培养出肠道益生菌健康生态环境，达到人体肠道与血液应保持的酸碱度，来增加人体对营养及矿物质的吸纳量。

## 2. Do you know? 你知道吗?

The majority people of the modern times are in the risk of chronic poisoning and reduced nutrition absorption due to storing large amount of old fecal matter in the intestines. Toxins in the old feces will be absorbed into blood vessels and spread to other organs within the body, which is the cause of all illnesses.

现代人十之八九，肠子里都储存大量宿便，造成慢性中毒和阻碍营养的吸收，宿便中的毒素会通过血管，蔓延至内脏及身体其他器官，形成万病的导因。



## 3. How to solve? 如何解决?

In order to cure from the root cause, you need to cleanse the old feces that are embedded in the intestines. The natural way is through highly nutritious food with high vegetable fiber, to help bowel movement, eliminating old feces and obesity, to accelerate body detoxification, to boost the immune system and metabolism, activation of cells, to balance the endocrine system and delaying aging.

如果从病因的根本着手，就需清除宿便-万病之源之肠子内嵌塞的宿便。以自然的方法，借助高蔬菜纤维及高营养的食物，以帮助排泄顺畅、消除宿便及肥胖，加速体内排毒、增强免疫系统及新陈代谢、活化细胞、平衡内分泌系统、延缓老化。



## 4. Main Ingredient 主要成分

### Chicory – FOS (Fructooligosaccharides)/Oligofructose

- soluble fibers from the plant, these fibers contribute effectively to improve overall intestinal health.
- main role is to promote probiotics fermentation in the large intestine, producing important metabolites to maintain intestinal alkaline condition, prevent the growth of harmful bacteria, reduce the cumulative absorption of toxic ammonia and intestinal toxins, increase ability to absorb calcium from food intake in order to strengthen our bones. terial activities and removes odors from smoking or diet.
- In addition, it also contains acetic acid, propionic acid and butanoic acid that can protect intestinal cells and promote lipid metabolism, very helpful in the control of body sugar, fat, and blood pressure, besides to beautify our skin and promote defecation.

### 菊苣-果寡糖/低聚果糖

- 它是一种存在于植物中的可溶性纤维，这些纤维对改善肠道整体健康有很大的帮助
- 主要作用是促进大肠中益生菌的发酵，产生重要的代谢物来保持肠道中的碱性度，预防有害细菌生长。减少肠道对氨毒性吸收及毒素的累计，增加肠道对食物中的钙质吸取量以便强化骨骼。
- 此外，它还含有的醋酸，丙，丁酸能保护肠细胞和促进脂质代谢，对控制人体糖份，脂肪，血压，美化肌肤及排便都有明显的帮助

## 6. The effectiveness of Promix Fiber 纤多保的功效

- Neutralizes the pH levels in the intestines and blood
- Cleanse the intestines rapidly, eliminate old feces
- Increase the number of friendly bacteria in the intestines
- Eliminating fat, transform the body shape and improve skin health

- 中和肠道与血液酸碱度
- 快速净化肠道，排除宿便
- 增加肠道益菌数量
- 清除脂肪，朔照美好的身材及更好的皮肤素质



## 5. Other Ingredients 其它成分

